

Middlesex- Elgin Chapter

newsletter)))

January
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Issue

Empowerment Through Politics Summary

On November 8th the Middlesex Elgin chapter held a social event at a small brewery in London. The event, Empowerment Through Politics, invited local healthcare professionals to come and openly discuss the struggles they are facing daily as frontline workers. The event also featured two local MPP's from the region. Terence Kernaghan and Peggy Sattler the local MPPs were engaged and interactive when learning of the front line concerns.

The frontline workers that attended were from a variety of nursing backgrounds, including emergency medicine and home care. The discussions touched on multiple struggles of wages, to increased volumes, and lack of funding for vulnerable populations.

The Middlesex Elgin Executive felt the event was a success. We are excited to keep getting the word out to empower our nurses through politics. We continue to work with MPPs in the region to advocate for local RNs.



Middlesex-Elgin Chapter Executive and Chapter members at Anderson Craft Ales with NDP MPP's Terence Kernaghan and Peggy Sattler (seen on far left).

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Share Your Story!

The MPPs were extremely appreciative of the stories shared at our Empowerment Through Politics event. In follow up to that meeting, our Chapter wants to hear your story. We will be collecting your stories about hardships you've faced working through the pandemic, how you feel at your workplace, and how this is impacting you and the people you care for. Our hope is to share these stories with our MPPs and the media to bring more attention to the issues in nursing right now. Stories will be collected voluntarily and anonymously. If you have a story to tell, we want to hear. Details on how to submit your story to follow soon via email.

Avenues of Nursing Summary

On November 23rd, 2022, the Western Fanshawe Nursing Students' Association (WFNSA) and the RNAO Middlesex-Elgin chapter joined together to host Avenues of Nursing at Western University's McKellar Theater. This is an annual career information event for nursing students to learn about unique career paths in nursing from leaders in the field.



At the event, we had the pleasure of hearing from eight different nurses who spoke about their education, career paths, and clinical experiences. Their specialties included community care, disaster nursing, the emergency department, consulting, aesthetics nursing, public health, and the operating room. Additionally, a representative from Vancouver Coastal Health was also able to join in remotely to speak about career opportunities for new graduate nurses in British Columbia. Following the main presentations, the student attendees were able to engage with the speakers to learn more about how to pursue opportunities in these fields of nursing. The discussion ranged from questions about how to apply to a master's degree to how to achieve work life balance.

This year was the first time where a hybrid format, with both an in-person event and an online Zoom stream, was tried. The event was a great success with approximately 100 participants attending the event in person and another 91 joining via Zoom. The WFNSA looks forward to continuing to host this event in the future and working with the RNAO to provide career and skills development opportunities for nursing students.

Contact us at:

Middlesex-Elgin Chapter website:

<https://chapters-igs.rnao.ca/chapter/43/about>

Chapter email: middlesexelgin.rnao@gmail.com

Or via our social media pages listed on page 1

Upcoming events:

Middlesex-Elgin Chapter Annual General Meeting

Date: Tuesday, February 7, 2023
Time: 7:30 – 9 p.m
Location: Palasud North (141 Pine Valley Blvd., London, ON)
Fee: \$10 at registration to be refunded at the event

Our Chapter executive is excited to meet with our members in person for the first time in 3 years and celebrate our Chapter of the Year Award! At the event share what the Chapter has done so far this membership year and we want to hear from our members about what you would like to see for educational opportunities, community service and fundraising, political action, and other membership activities.

Registration link:

https://myrnao.ca/civicrm/event/info?reset=1&id=1355&_ga=2.146215216.5090553.1673967859-1225925058.1666790910