

GNAO Greater Hamilton Chapter Presents

Sometimes
I'd rather be
eating Gelato!

The cost of caring...



All are welcome to join your Gerontological Nursing colleagues
May 5th as we prepare to celebrate Nursing Week

Speaker: 7PM-8:15PM

RSVP Registration: **Complimentary - our gift to you!**

To register, please email greaterhamiltongnao@gmail.com
to receive link to registration and zoom meeting



Guest Speaker

VALERIE SPIRONELLO, MSW, RSW

With 30+ years as a social worker, Valerie knows first hand the "Cost of Caring". Using her "re-discovered" sense of humour, Valerie will share how Compassion Fatigue snuck up on her, changed her and how she survived to tell her story. Valerie will share in a way that allows participants to reflect on how they are doing and to begin to explore what is needed to continue to be healthy while working in the field.
