



RNAO Region 11:  
Algoma, Kirkland Lake Temiskaming, Nipissing, Porcupine, and Sudbury & District Chapters

***2020 Fall Tour***  
***Student Success Series:***  
***Speaking Out, Strategizing for Success Online, and Self-Care***

**Friday, November 13<sup>th</sup>, 2020**  
**1:00-3:00pm**

**Zoom – Details Provided Upon Registration**

Register Here: <https://myrnao.ca/civCRM/event/info?reset=1&id=923>

Item	Description	Who	Time
1	Welcome/Introductions	Lil Bressan, Region 11 Representative	1:00-1:05 p.m.
2	Region 11 Update	Lil Bressan, Region 11 Rep.	1:05-1:10 p.m.
3	RNAO Presentation: Signing Up and Speaking Out	Dr. Doris Grinspun, RNAO CEO	1:10-1:30 p.m.
4	Questions	Everyone	1:30-1:40 p.m.
5	BREAK #Cheer4HealthWorkers Photo	Photographer	1:40-1:50 p.m.
6	Strategizing for Success Online	Daniel Opperwall and Rachael Verbruggen, Centre for Extended Learning (CEL), University of Waterloo	1:50-2:20 p.m.
7	Self-Care and Support	Special Guest Speaker	2:20-2:50 p.m.
8	Questions	Everyone	2:50-2:55 p.m.
9	Closing Remarks	Lil Bressan, Region 11 Rep.	2:55-3:00 p.m.

