

Communiqué



Meet the 2019/20 Executive Team

Ellen Shipman
President & Assembly
Rep.

Doris Jenkins
Board Rep.

Una Ferguson
Past President

Babylyn Alcantara
Finance Officer

Heather MacDougall
Membership Officer

James Bunker
Communications
Officer

Deanna Bartlett
Recorder & Assembly
Rep.

Laura Crich
Policy & Political
Action Officer

Daniela Acosta
Social Media Officer

A Message from the President

My name is Ellen Shipman. I am beginning a second term as the Assembly Representative / Chairperson for Region 10. I am excited to report we have an executive with a balance of new and continuing members.








RNAO is a team at all levels and I am a committed member. My goals as a leader are transparency and commitment to meeting the needs of Nurses working on the front line. My hope is that any member or potential member feels comfortable in approaching our executive team with ideas for improvement or concerns.

I have been a member of RNAO for most of my working career and will continue as a member while I transition into retirement. Being a leader on the Region 10 executive keeps me engaged and in touch with current best practice. I look forward to working with you all this year!

Sincerely,

Ellen Shipman

Membership Meetings

<p>September 23rd 2019 18:00-20:00</p> <p><i>Emeritus Awards and President Elect Morgan Hoffarth</i></p>		<p>October 28th, 2019 18:30-20:00</p> <p><i>“Human Trafficking” with Tara Leach</i></p>		<p>November 18th, 2019 18:30-20:00</p> <p><i>“Bounce Back and a Big Wall” with Dania Versailles</i></p>
	<p>January 20th, 2020 18:30-20:00</p> <p><i>Speaker TBD</i></p>		<p>February 24th, 2020 18:30-20:00</p> <p><i>Speaker TBD</i></p>	
<p>March 2020 18:30-20:00</p> <p><i>Speaker TBD</i></p>		<p>April 20th, 2020 18:30-20:00</p> <p><i>Discussions of 2020 Resolutions for Annual General Meeting</i></p>		<p>May 25th, 2020 18:00-20:00</p> <p><i>End of the Year Celebration</i></p>

****All membership meetings are held at 100 Constellation Drive from 6:30-8:30pm unless advertised otherwise****

Other Key Events



- Student workshops (Mid-November)**
- Queen’s Park on the Road – Fall 2019**
- Queen’s Park Day - February 2020**
- Breakfast with the Politicians**
- Symposium – Spring 2020**

2018/19 in Review



How to Stay up to Date



RNAO Region 10 Ottawa



@rnao_region_10_ottawa



@RNAO_Ottawa

Welcome to the Team!



Daniela Acosta is the Collaborative Practice Leader at the Perley and Rideau Veterans' Health Centre where she promotes collaboration, professionalism and evidenced based approaches to practice at the Point-of-Care. With six years experience as a bedside nurse and team leader in long term care, Daniela is passionate about using best practices to empower healthcare teams, improve care and achieve better patient outcomes. Daniela looks forward to making an impact on the nursing community within Region 10 and is excited to start her new role as Social Media Representative on the RNAO Region 10 Executive team!

Laura graduated from Western University with her Bachelor of Science in Nursing in 2015. She began her career in emergency medicine at St. Thomas Elgin General Hospital. She concurrently worked at a nurse practitioner-led clinic in London, ON and became inspired to do a master's degree after working with the Syrian refugee population. Laura moved to Ottawa to pursue a Master's of Science in Interdisciplinary Health Sciences at the University of Ottawa. Her research focus is Syrian refugee women's reproductive health. She is passionate about health policy and political action from a critical feminist nursing lens.



Deanna Bartlett is a new graduate from York University. She started her post-secondary education at the University of Ottawa studying Health Sciences and moved on to complete her Bachelor of Science in Nursing in Toronto. During her education, Deanna played an active role in her school's nursing association. Her focus included community building and advocacy for student voices. She hopes to use her experiences and enthusiasm to help contribute to a positive impact for nurses, patients, and communities in the Ottawa region.

Having completed his BScN at Nipissing University in 2017, James has since moved back to Ottawa and begun working as a Registered Nurse here in the city. Taking on a position at The Ottawa Hospital, James is a critical care nurse on both the Trauma and Neuroscience Acute Care units at the Civic campus. In addition, James is also a staff member within the Mental Health program at the Children's Hospital of Eastern Ontario. Prior to moving home, James spent time as an Executive for the RNAO – Nipissing Chapter as the Communications liaison. It is here he learned the strength of the nursing voice, and found his passion for speaking out for those who are too often unheard.

